

**KNOW
BEFORE
YOU GO!**



How will Travel Training help me?

Participants in Centro's Travel Training program will gain the following:

- Freedom, mobility, and independence
- Access to safe, low-cost transportation
- Travel skills and self-confidence
- The ability to be active in the community



To learn more about Centro's Travel Training program or to schedule an appointment, contact us today at:

 **(315) 442-3366**
cnyrta@centro.org



www.centro.org

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Connect with us online!



#GoCentroBus

Travel Training



Skills

Confidence

Independence


www.centro.org

What is Travel Training?

Centro's Travel Training program provides outreach services to citizens, agencies, and community-based organizations that depend on Centro to get them where they need to go.

By providing face-to-face contact within the community and assisting individuals with a desire to learn more about Centro's services, our trainers can customize instructions on how to ride the bus.

This approach not only helps riders feel more comfortable and confident about using Centro's services, it also helps them gain an understanding of how the service works.



How does it work?

Travel Training offers personalized, one-on-one or group travel training instruction. Taking each trainee's unique needs and abilities into account, our trainers will teach participants how to safely and independently ride Centro buses.

The trainers will travel with trainees to their desired destinations, which include work, school, medical offices, and recreation sites.

Where can I get Travel Training?

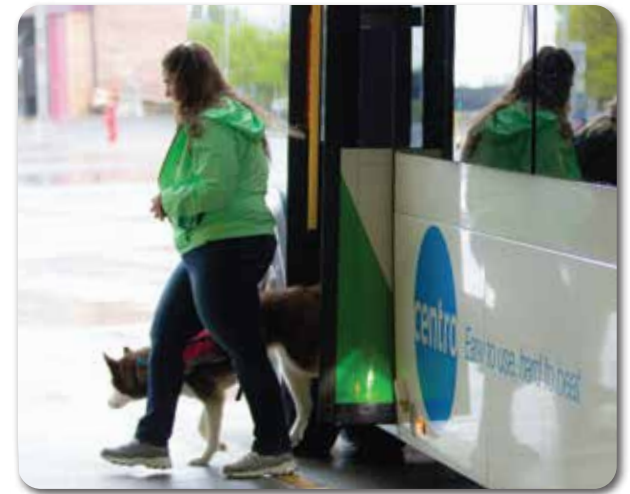
Travel Training is available in areas where Centro provides transit services, including Syracuse, Auburn, Oswego, Fulton, Utica, and Rome.



What will I Learn?

Travel Training will teach you how to:

- Plan your trip
- Get to and from a bus stop
- Purchase Centro Ride Passes
- Ride a specific route
- Identify bus numbers and stops
- Board with a mobility device
- Use the farebox
- Read and understand bus schedules
- Use Centro's online transit tools



Who can participate?

Travel Training is available to anyone interested in learning more about Centro's services.



Many community organizations use Centro's Travel Training program and regularly schedule sessions for their members, including:

- Arc of Onondaga / Oneida
- Aurora of Central New York
- Catholic Charities
- Center for New Americans
- The Center (Utica)
- Chadwick Residence
- Girl Scouts of the USA
- Mohawk Valley Resource Center for Refugees
- SUNY Environmental Science and Forestry
- Towne Center Retirement Community